



## A MESSAGE FROM THE FOUNDER

Hello!

Thank you for your interest in joining the Mindology Fitness Training (MFTs).team. Being part of our tribe means you're joining a group of amazing people dedicated to changing the world for the better.

After reading the information in this document, if you want to further discuss becoming a Mindology Fitness Trainer, please reach out and schedule a possibility call with us at your earliest convenience.

Thanks again for you interest in becoming a Mindology Fitness Trainer.

Stay great!

Cheers,

Dr. Troy  
Founder of Mindology Fitness

## Is starting a Mindology Fitness business right for you?

Mindology Fitness offers global opportunities for individuals interested in providing fun, effective and affordable mind care for others. Mindology Fitness (MFT) is a program that is specifically designed to be emotionally engaging and energetically impactful for our participants. While participating in the program, participants are given the tools they need to emotionally self-regulate and to ensure their peace of mind is in their hands at all times.

The majority of Mindology Fitness Trainers are members who are committed to expanding their skills by adding quality programs such as Mindology Fitness to their regimen.

## Who can become a Mindology Fitness Trainer?

In order to qualify to become a Mindology Fitness Trainer Candidate, you must meet ONE of the following 3 criteria:

1. Anyone who has completed a minimum of "3" Mindology Fitness Classes (*with a certified Mindology Fitness Trainer*)
2. You completed a minimum of 2 years of accredited psychological studies
3. You are a certified life coach, meditation or yoga instructor

Special consideration given to those who are participants or graduates of the following programs and institutions: Agape Spiritual Center Practitioners, Pacifica Graduate Institute, Landmark Introduction Leadership Program, Landmark Team Leadership Program, University of Santa Monica, HeartMath Institute, Rythmia Attendee, Assistant or Plant Medicine Student.

## Do you admit members outside the US?

Absolutely! Mindology Fitness is a global organization.

How much does it cost to complete a Mindology Fitness Training workshop?

The tuition for this training workshop is \$1,500.00 USD.

Mental Health Month (MAY) tuition is only \$1,000.00 USD

The yearly licensing fee is \$150.00 USD which is to be paid in full within one year after your verification as a Mindology Fitness Trainer and annually thereafter.

What about additional training?

FREE monthly support calls and trainings are included in the price of your annual dues. There will also be annual retreats for a fee that will include introductions to new programs, training workshops on current programs, guest speakers and more.

What are the total start-up expenses involved in becoming a Mindology Fitness Trainer?

Tuition \$1,500.00 USD

May Tuition: \$1,000.00 USD

Annual Licensing Fee \$150.00

#### NEXT STEPS:

Please send your email request for a "possibility call" to [mindologyfitness@drtroybyer.com](mailto:mindologyfitness@drtroybyer.com)

Once again, thank you for considering Mindology Fitness as a possible pathway to fulfilling your commitment to making a difference in the lives of others - all while making a fantastic living for yourself!

GodSpeed!